## SIGN UP TO BE IN OUR HEART CENTERED LIVING SPOTLIGHT

If you are interested in being in the spotlight in our community.

\*You must be a member of our community for at least 30 days (By the time we start the spotlight program)

\*You must be somewhat of an active member-meaning that you have posted, engaged, commented or liked posts in our community at least 4 times since you joined.

Our community will have 4 Heart Centered Living Spot Lights at 4 different times during the month of October. Those chosen will have an opportunity to post from Mon-Thur during the week they pick.

I would like to schedule 4 different Heart Centered Living people for the month of October: (Please put your name after the week of your preference)

Monday Oct 2-Thursday Oct 5<sup>th</sup>:

Monday Oct 9-Thursday Oct 12<sup>th</sup>

Monday Oct 16<sup>th</sup>-Thursday Oct 19<sup>th</sup>

Monday Oct 23<sup>rd</sup>-Thursday Oct 26<sup>th</sup>

Once you fill out the following information please send this back to me through email at <a href="mailto:reneeguidelli@frontiernet.net">reneeguidelli@frontiernet.net</a>. I'll extend the invitation and we'll go over any questions that you may have and get the ball rolling.

## IF YOU'RE INTERESTED, PLEASE PROVIDE THE FOLLOWING INFO HERE

Your name: (And title or what you do) Where appropriate or if desired.

Why do you want to be in our Heart Centered Living "Spot Light" of the Week

What your topic, theme or focus will be for your week?

Please use the following space for any questions that you might have.